

Do you have a few hours to spare?

Samaritans set up a new branch in Sevenoaks in autumn 2019 and during the Coronavirus crisis, We're recruiting and training remotely. Listening volunteers are crucial to our service, but there are lots of other ways to get involved with Samaritans. We're also looking for volunteers to join the friendly and enthusiastic team who run our branch so, if you're interested in helping with administration, fundraising, marketing, recruitment or social media, we'd love to hear from you.

Please get in touch on:

Sevenoaks.recruitment@samaritans.org

Or on:

07388 179760

Continuing Opportunities: 2020 Digital Festival: entry date extended to 23 May

As we have received lots of entries to our digital festival and this is clearly very popular, we have extended the closing date for receiving entries to 23 May. Classes are available for solo video entries in Speech and Drama, Piano, Singing, Woodwind and Brass, Strings and Accordions

Video performances needing to be submitted by 31 May. Performances can be captured on any digital medium such as a smartphone and Guidance about how to create a video is available on the organisation's website.

Own Composition classes are another category which remains available in all sections and for all ages. Teachers and students are encouraged to consider this creative option, even if they had not previously.

All entries will be assessed by the section adjudicator in June and the competitor will receive a report and mark on their performance by 15 June.

Further information is available on our website
www.sevenoaksthreeartsfestival.co.uk

VE Day 75

On Friday 8 May 2020 at 11.00am Councillor Nicholas Busvine OBE, Mayor of Sevenoaks, laid a wreath at the Vine War Memorial followed by a two minute silence when the traffic spontaneously stopped and vehicle occupants also paid their respects, together with the small group of residents gathered near the Memorial. The Mayor said: 'Thank you to the great generation who sacrificed so much to secure our freedom. We will never forget you.'

In the nearby Vine Gardens peace doves are displayed in the sensory bed tended by Soroptimist International Sevenoaks. These will remain in place for the commemoration of VJ Day 75 on 15 August. One member made 26 doves as part of the 2.6 Challenge to raise funds for Blind Veterans UK.

During the afternoon residents celebrated VE Day by decorating their homes with bunting and flags, having doorstep parties and raising a toast to the National Heroes of WWII.



Contact Us:

Please feel free to contact us and let us know of any useful information which we can share with our community.

Contact: admin.tp@sevenoakstown.gov.uk

Sevenoaks Markets

Sevenoaks Town has thriving markets and these have proved to be a much needed resource in this time. We have received many messages of support for all our stall holders.

"The importance of having fresh fruit and vegetables to cook and eat cannot be emphasised. The quality of their goods is first class and the variety is stunning. I simply cannot imagine what I would do without them."

"We are lucky that these stall holders want to carry on providing these services in these difficult times."

Please support our local markets.

Wednesday (Buckhurst): Fruits & Vegetables

Saturday (High Street): Fruit & Vegetables / McCarthy's' Bread & Cakes

Saturday (Bligh's): McCarthy's Bread & Cakes / Village Traders Sausages

West Kent Mind Digital Volunteers

West Kent Mind are looking for volunteer Digital Befrienders. Do you have a few hours spare each week to help someone who is socially isolated to have more IT ability? Is so we would love to hear from you!

Contact: Angela.riley@westkentmind.org.uk

We are looking for volunteer Digital Befrienders



- * Help us to help people keep in touch
- * Are you IT savvy?
- * Do you have great communication skills?

Do you have a few hours spare each week to help someone who is socially isolated to have more IT ability?

West Kent Mind is setting up a new Digital Befriending service to help clients within the Sevenoaks, Tonbridge & Malling and Tunbridge Wells areas become more IT literate.

We live in a digital world. Whether its keeping up with friends and family through FaceTime, setting up a WhatsApp group, or finding local

services and activities, it's important to have the skills to keep in touch with our loved ones to reduce social isolation.

We are looking for volunteers who are IT savvy and able to share their knowledge/skills over the phone to help our clients use technology, particularly in these challenging times.

If you are interested in becoming part of our team and would like to find out more please call Angela Riley on 01732 744950 or visit:

www.westkentmind.org.uk/what-we-offer/digital-befriending



sevenoaks town team

SHOPS & RESTAURANTS THAT DELIVER.

BIG DILL:

Online market catering for general groceries, as well as dairy free, gluten free, organic, vegan and kosher foods. Order via website for delivery at www.bigdill.co.uk or for more information go to bigdillonline@gmail.com.

BRAKES:

Online market catering for all your needs. Order via website www.brake.co.uk or call **0344 412 9985**.

Chart Farm Shop:

Meat and vegetables available for delivery or collection. Please call 01732 761672 or go to www.chartfarm.com

THE CHOCOLATE SHOP:

Order by phone or email and we will make local "contact free" deliveries free of charge.

01732 742350 info@thechocolateshopsevenoaks.co.uk

COOK:

Providing a click and collect service, or delivery to your home. Shop online at www.cookfood.net or 01732 **759020**.

CHAPMANS FISH SUPPLIER:

Call **01732 743319** for delivery service. All fresh and frozen fish and deli products.

THE CHEQUERS INN:

At Heavenham is offering delivery. Call [01732 667361](tel:01732667361)

DULCE'S:

To order please call **01732 451779** or email info@dulcespatisserie.co.uk.

EAT'N'MESS:

Takeaway orders available on Saturday & Sunday from 8am-2pm. Visit www.eatnmesscakes.co.uk or call **01732 461839**

ECO PANTRY:

A click & collect service is available by going to their website: www.theecopantry.co.uk/click-and-collect.html with a minimum order of £10.

FLINT & OAK:

Fresh fruit, vegetables and general groceries available to order with this click and collect service. Call **01959 562345** or go to Info@flintandoak.co.uk.

Also available on **07990 956485**. Minimum order of £20.

FEASTIN:

An online supermarket that provides click & collect or delivers to your home. To order go to feastin.co.uk

FLYING DISHES:

Ready-made meals delivered to your door.

Call **07496 489463** or www.flyingdishes.co.uk

GIBSON & BRUCE:

Fresh fruit, vegetables and general groceries delivered to your home. To order go to www.gibsonandbruce.co.uk or call **020 3795 1349**.

GLORIOUS GREENS:

Fresh fruit and vegetables. To see availability go to www.gloriousgreens.co.uk or call **01959 533861**.

I A HARRIS:

This company can deliver a variety of goods. Call **0207 622 7176** or go to www.iaharris.co.uk to place your order email: orders@iaharris.co.uk

JOSEPH'S KITCHEN:

Delivery service available. For menu go to www.josephskitchens.co.uk or call **01732 457304**

KAZOKU:

Will deliver within a 7 mile radius. For menu go to www.kazokuonline.com or call **01732 463888**.

MARCO:

Home delivery service on Tuesday-Thursday and Saturday. For more information go to Marco-Sevenoaks.co.uk and to order call **01732 469349**.

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OTTO'S

Otto's have an online website where you can order a variety of goods. There's a minimum £30 order. Go to: www.store.weareottos.com or call **01732 446344**.

PENSHURST FINE FOODS:

Online groceries, bread, fruit, vegetables. Go to www.penshurstfinefoods.co.uk or call **01892 664044**.

RAJ BARI:

Order and collect or receive free deliveries. To see their menu go to www.rajbhari.co.uk or call **01732 743315**.

ROMSHED ORGANIC FARM:

Organic meat ready to order, by going to www.romshedfarm.co.uk or by calling **01732 463372**.

ST JOHNS FISH BAR:

Open Monday to Saturday from 4-9pm. Orders taken by calling **01732 451308**

THE WHITE HORSE:

At Sundridge is offering take away at the moment. Call **01959 561198**

WEALD WINDMILL:

Call **01732 463330** or you can use their WhatsApp message facility on their website www.windmillsevenoaksweald.com

Businesses Delivering:

BAT & BALL SPORTS:

Take a look at their website, place an order and it will be delivered to your door. www.batandballsports.co.uk

HOAD'S:

Send Jonty Hoad a Whatsapp message on **07769652279** and he will contact you to organise measuring and delivery.

PETS CORNER:

Open from 9-5pm Mon-Sat and 10-4pm Sunday. The store is open to customers or you can go to www.petscorner.co.uk to place a click & collect order. Deliveries are available every Thursday and are free within a 7 mile radius. For more information call **01732 740691**.

SEVENOAKS BOOKSHOP:

Online deliveries available at www.sevenoaksbookshop.co.uk

SEVENOAKS COMPUTERS:

Place your order and we'll deliver, with same or next day delivery. Webcams, headsets, monitors, laptops and much more in stock sals@sevenoakscomputers.com **01732 466666**

THE SEVENOAKS FLORIST:

To order go to www.sevenoaksflorist.co.uk/order-online.htm or call 01732 450145.

UP & RUNNING:

Take a look at their website www.upandrunning.co.uk/Sevenoaks and for delivery call Alan on 07831 582254

VINTAGE ATTIC:

You can order online by going to www.vintageatticsevenoaks.com or by calling **01732 666420**. A free local delivery is also available.

Shops Trading:

ARCHERS EXPRESS DRY CLEANING:

We are open Monday – Saturday from 9am – 4pm

BAGEL SHOP:

Open from 6.30am-3pm Monday-Saturday. An array of fresh bagels, sandwiches and other goodies are available.

KALL KWIK:

Open from 9.30-2pm on Monday-Wednesday and Friday. Email sales@sevenoaks.kallkwik.co.uk or call 01732 741622

MARCO:

Delicatessen is open from 10am-1pm Tuesday to Saturday. www.marco-Sevenoaks.co.uk or call 01732 469349

PATMORES:

Open 9am-1pm Monday through Saturday. www.patmores.com or call **01732 456247**

PAYDENS:

Open 9am-1pm and 2pm-6pm Monday to Saturday. Call **01732 454997**.

SPECSAVERS:

Emergency care available from 10am-4pm daily. For more information call **01732 459588** or go to www.customer.sevenoaks.uk@specsavers.com

